

## To cast a Sigil

To cast a Sigil is the easiest method of low magic spell casting there is. You will need a blank piece of paper and a pen that was given to you. If you have never been given a pen then go to a local business that has their advertising on pens and ask for one. This will do for now. Then in the future when someone gives you a pen thank them profusely as they have given you something of very great value.

Take your piece of paper fold it in half and then in half again. When you unfold it you will have four sections clearly defined. Spend a moment creasing it well as later you will be tearing the paper along these fold lines.

Now think for a moment about what you want or want to happen. Do you want to see an old friend, or your lost pet to return, or a new house to live in and so on. Make up your mind, as a Sigil is a single purpose spell.

The first step to creating a Sigil is to write down your conscious desire. Do not write just anything down. You must be specific and use words that are geared more to making something happen rather than possibly making it happen. You need to be specific. What I mean by this is use forceful words to describe your desire. If you use general words you will get what you asked for but it may not be what you want.

An example here is let us say you asked for a house. That is all you wrote "I want a house". The ether does have a sense of humor and will play with you every chance it gets. So to answer your spell the next day the delivery man arrives announcing you have just won a modern dog house that is just perfect for your terrier. Something else I always add is "with harm to none" this way nobody has to die to bring you your desire. Using the house example, you got more specific and wrote "Grant to me a house I can live in and call my own", but you forgot the "harm to none" part. The next day your parents die in a terrible accident and you inherit their house. As I have said before, be specific and forceful about depicting exactly what you want and remember the ether has a sense of humor that you may not appreciate. Write your desire in one section of the paper.

The second step is to remove letters that appear more than once. Starting with the first letter write it in the second section of your paper. Cross out all of the same letters in your first section. Then go to the next letter and continue until you have one of each letter from your original statement. For example the wrote “Grant to me a house I can live in and call my own with harm to none”, becomes “grantomehusiclivdyw”.

Now you should draw a picture or symbol using those letters. In the third section of your paper make your drawing. You can bend them, stretch them, squeeze them, or contort them, in any way that you choose. Use the letters to draw a picture. For example since you are desiring a house use the letters to make the rough shape of a house. Make sure that you use every single letter. It can be as complex or simple as you would like. This is entirely up to you. Alternate methods are to rearrange the letters into short groups, or to just make them into a circle.

Once you have created your Sigil, copy it on to the fourth and last section of your paper. Using the fold line, tear that section from the whole paper. You may burn, shred, throw away, eat, or dispose of, the other part as you see fit. It is of no more importance and you do not need it. Keep the finished Sigil as now it is time to cause it to work.

The next step is to “charge” or “energize” the Sigil. You must now transfer the Sigil to your unconscious. The fastest way to do this is to enter into a meditative state. Depending on who you talk to this is called gnosis, or centering, or achieving nirvana, or achieving balance, or entering alpha, and so on. I call it uniting with my higher power. Either way, this is an important part of charging Sigils. The reason is because you have to give the subconscious and the ether the green light to begin working on your desire. Think growing a plant. You have dirt and water and fertilizer but nothing is happening as you haven’t planted the seed. The same principle holds true to Sigils.

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The method I use to achieve this higher state of mind is described in my book under the lesser hexagram ritual. I am sure you can devise your own method if you have not already read my book. **Hint:** <http://www.staffofpower.com>

You have to impress the image on your subconscious by focusing on it while in a higher state of mind. Five to fifteen minutes will do nicely. Then be on about your day.

The last step is the easiest, but also at first, the hardest to do:

**Forget what your original desire was.**

“But how can your desire manifest if you forgot what your desire was?”

You have to erase the association of that Sigil to the desire in your conscious awareness. You make your conscious awareness completely forget what that Sigil represents. Even if the original desire still resides in your conscious awareness, the link connecting it to your Sigil must be gone. I accomplish this by burning the Sigil in an ash tray. (Please be careful here and do not burn yourself or your house. If you can't be trusted to play with fire then you should not be practicing magick). However, that link is still connected through the subconscious to the ether. This is where the power comes into play. Your subconscious awareness is free from any bonds placed on it by the conscious mind to do the work needed to manifest that desire. The ether and your higher mind work together to make it happen. The better you forget the faster the spell comes to fruition.

Keep a log on when you cast a Sigil and when it comes into reality. You will be surprised at the speed this works.

A note of warning, as mentioned before, you will get what you ask for. Just make sure it is what you want. The ether will play tricks on you for poor judgment and bad wording. Like the example I used before about asking for a house and getting a dog house. Your spell has worked and you received what you asked for but it may not have been what you wanted. As with any magical practice, the diversity of answers you will get is unlimited. There are a lot worse outcomes for badly worded Sigils, so be very careful about what you ask for.

You can find out more by buying the book Spell Casting. Go to <http://www.Staffofpower.com>